



Folding Clothes

Physical Development

PSED

Mathematics



Age 24-36 Months



10 Mins

About the Activity

Tired of folding laundry and want to help your child develop new skills?

Helping to fold clothes helps to support children's self-care, concentration and independence while allowing you to put your feet up. It develops practical life skills and can be gradually increased in difficulty with different items.

Activity Steps

1

Get together a pile of clothes or cloths (preferably clean!)

2

Show your child in steps how to fold each item using appropriate language e.g. fold in half.

3

Let your child have a go.

4

Extension Show them how to fold more complex items such as jeans and long-sleeved shirts.