



## *Summer Activities by Blossom*



# Sensory Play – Blossom Flowers and Ice

As the weather is becoming warmer, it's time to explore the outdoors! This sensory play activity using Blossom flowers and ice is fun for everyone.

## First, you will need to gather your equipment

For this activity gather together a selection of Blossom Flowers! You may have some in your garden or perhaps a day at the park could be a great extension to your activity!

P.S Be careful of allergies and insects when touching anything in the wild!

## How to carry out our sensory play activity

1. Once you and your children have enough Blossom Flowers, pop them into plastic cups, about half way from the top!
2. Fill the cups with water
3. Stand them up right in the freezer and leave over night!
4. The following day, have a peak to see if your giant ice cubes have frozen!
5. Take them into the garden and squeeze them out of the cups!



## Too difficult for your little ones?

Swap our Blossom Flowers for fruit juices! – This makes the activity edible for those little ones!

## To extend the activity using Communication and Language

Talk about the following topics to extend the activity:

1. How does water turn to ice?
2. Can ice turn back into water?
3. Can your children think of anything that can change - You can even extend further with a setting jelly activity as this one cannot be reversed!
4. Counting the petals as you put them into cup is also an easy way to extend your child's learning mathematically!

## Development Factors for Parents

**Incorporating counting**

**Task following**

**Sparking conversations and thought**

**Discovering nature**

**Exploring the outdoors**

## Early Years Framework Links for Practitioners

**Across all age groups:**

Physical Development

Communication and Language

Mathematics

Understanding the World

